CHILD AND ADOLESCENT IMPACT ASSESSMENT ADMINISTRATION OF THE CAIA

This is the point during the interview for the interviewer to decide whether to administer the CAIA. It is essential to do the CAIA if any impairment or symptom coded.

If any of the below are true or there is any doubt, administer the CAIA. (If you decide when you are coding, after the interview, that there were no codings whatsoever in the PAPA you may “S” the CAIA.)

If a “Life Event” codes, but there is no “Painful Recall”, you need not complete the CAIA solely on the basis of that event. If “Painful Recall” is present, do the CAIA.
Definitions and questions

**ECONOMIC BURDEN**

*If services received in the last three months, ask expenses. Otherwise, skip to "Loss of Income".*

**EXPENSES**

The monetary expenses associated with getting services for child's emotional or behavioral problems. Include costs of medication.

Do not include income lost because of child's problems, which is coded under "Loss of Income".

*Have there been any expenses associated with getting help for your child?*

*Have the costs of getting help for your child's problems had an impact on family budget for other things?*

Are they causing any restrictions elsewhere?
Do you have savings to cover them?
Have you had to work extra hours?
Have you or anyone else had to take an additional job?

*Have you gone into debt to cover these expenses?*

Are you concerned about being able to pay back these expenses?

**IF SERVICES NOT RECEIVED IN THE LAST THREE MONTHS, SKIP TO "LOSS OF INCOME", (PAGE 3).**

Coding rules

**EXPENSES**  
PTA0I01  
Intensity  
0 = No expenses.  
1 = Expenses but affordable.  
2 = Expenses causing effects on other areas of family budget.

**IMPACT ON EXPENSES**  
PTA0I02  
0 = Absent  
1 = Using savings.  
2 = Necessitate cutting back on other expenditures.  
3 = Necessitate working additional hours/jobs.

**DEBTS**  
PTA0I03  
0 = Absent  
2 = Incurred debts but envision no serious problems with payback.  
3 = Incurred debts and envision will have problems with payback.
CAIA 3.0

Definitions and questions

**LOSS OF INCOME**
Loss of income that results from the need to get professional services for child's emotional or behavioral problems, or from the need to provide an increased level of care at home, or from other things directly associated with the child's problems.

Do not include actual expenditures incurred for the child's problems, which are coded under "Expenses".

*Have your child's problems affected your family's income?*

*Have your child's problems affected your paid work?*

Have you lost any time at work because of it?  
Or have you had to cut down to part-time work?  
Or have you been unable to work at all?  
Or lost you job?

*Has your partner's paid work been affected at all?*

*Or you child's?*

*Or another family member's?*

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<table>
<thead>
<tr>
<th>LOSS OF INCOME</th>
<th>Codes</th>
</tr>
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<tbody>
<tr>
<td>0 = Absent</td>
<td>PTA1I90</td>
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<td>PTA1I01</td>
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<tr>
<td>2 = Time lost at work, or hours reduced.</td>
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<tr>
<td>3 = Unable to work, or lost job.</td>
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<td>2 = Time lost at work, or hours reduced.</td>
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<td>3 = Unable to work, or lost job.</td>
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<th>CHILD/ADOLESCENT</th>
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<td>2 = Time lost at work, or hours reduced.</td>
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<tr>
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<th>OTHER FAMILY MEMBER</th>
<th>Codes</th>
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<td>0 = No income lost.</td>
<td>PTA1I04</td>
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<td>2 = Time lost at work, or hours reduced.</td>
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<tr>
<td>3 = Unable to work, or lost job.</td>
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</table>
Definitions and questions

**IMPACT ON FAMILY RELATIONSHIPS**

**NEGATIVE IMPACT ON PARENT'S CURRENT PARTNERSHIP**

The impact of the child's emotional or behavioral problems on the parent's "marital relationship".

*Have your child's problems had any negative impact on your relationship with your "current partner"?*

Has having to deal with these problems strained the relationship at all?

How much of a strain has it been?

**NEGATIVE/NEUTRAL IMPACT ON CURRENT RELATIONSHIP**

0 = No negative effects.

1 = Some negative effects, but relationship essentially satisfactory.

2 = Severe negative effects on quality of relationship attributed to the child's problems.

3 = Child's problems contributed to marital breakdown.

**POSITIVE IMPACT ON PARENT'S CURRENT PARTNERSHIP**

The impact of the child's emotional or behavioral problems on the parent's "marital relationship".

*Have your child's problems had any positive impact on your relationship with your "current partner"?*

Has having to deal with these problems strengthened that relationship at all?

**POSITIVE IMPACT ON CURRENT RELATIONSHIP**

0 = No positive effects.

2 = Relationship has been strengthened.

IF PARENT DOES NOT HAVE "CURRENT PARTNERSHIP", SKIP TO "NEGATIVE IMPACT ON PARENT'S PREVIOUS RELATIONSHIP", (PAGE 5).

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<th>Coding rules</th>
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<td>Intensity</td>
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<tr>
<td><strong>POSITIVE IMPACT ON CURRENT RELATIONSHIP</strong></td>
<td>PTA2I02</td>
</tr>
<tr>
<td>Intensity</td>
<td></td>
</tr>
<tr>
<td>0 = No positive effects.</td>
<td></td>
</tr>
<tr>
<td>2 = Relationship has been strengthened.</td>
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NEGATIVE IMPACT ON PARENT'S PREVIOUS RELATIONSHIP

If child does not live with both biological parents, ask about parent's relationship with child's other biological parent or with another parent who has played a significant part in raising child recently.

The impact of the child's emotional or behavioral problems on the parent's relationship with the child's "Other Parent" who no longer lives in the home. "Other Parent" may be either a biological parent who lives elsewhere or another person who lives elsewhere that has played a significant part in raising the child.

Have your child's problems had any impact on your relationship with "child's other parent"?

Has having to deal with these problems put a strain on that relationship?
How much of a strain has it been?
Did it contribute to the breakdown of that relationship?

IMPACT ON PARENT'S CURRENT RELATIONSHIP WITH OTHER PARENT #1

If child does not live with both biological parents, ask about parent's relationship with child's other biological parent or with another parent who has played a significant part in raising child recently.

How have your child's problems affected your current relationship with "child's other parent"?

IF PARENT DOES NOT HAVE A "PREVIOUS PARTNERSHIP", SKIP TO "NEGATIVE IMPACT ON PARENT'S NON-RESIDENTIAL BOYFRIEND/GIRLFRIEND", (PAGE 6).

NEGATIVE/NEUTRAL IMPACT ON BREAKDOWN OF PREVIOUS PARTNERSHIP

0 = No negative effect.
1 = Some negative effects, but breakdown of marital relationship not influenced by child's problems.
2 = Child's problems seen as contributing to breakdown of marital relationship.
3 = Child's problems seen as most important reason for breakdown of marital relationship.

NEGATIVE/NEUTRAL IMPACT ON CURRENT RELATIONSHIP WITH PREVIOUS PARTNER

0 = No negative effect.
1 = Some negative effects, but the quality of current relationship not influenced by child's problems.
2 = Child's problems seen as contributing to difficulties in current relationship.
3 = Child's problems seen as most important reason for difficulties in current relationship.
NEGATIVE IMPACT ON PARENT'S NON-RESIDENTIAL BOYFRIEND/GIRLFRIEND

The impact of the child's emotional or behavioral problems on the parent's relationship with his/her steady, but non-residential, boyfriend/girlfriend.

Have your child's problems had an impact on your relationship with your "current boyfriend/girlfriend"?

Has having to deal with these problems strained the relationship at all? How much of a strain has it been?

NEGATIVE/NEUTRAL IMPACT ON CURRENT RELATIONSHIP

0 = No negative effects.
1 = Some negative effects, but relationship is essentially satisfactory.
2 = Severe negative effects on quality of relationship attributed to the child's problems.
3 = Child's problems contributed to breakdown of relationship.

IF PARENT DOES NOT HAVE A "STEADY BOYFRIEND/GIRLFRIEND", SKIP TO "IMPACT ON PARENT'S RELATIONSHIP WITH OTHER CHILD(REN) IN THE HOUSE", (PAGE 8).
**Definitions and questions**

**POSITIVE IMPACT ON PARENT'S NON-RESIDENTIAL BOYFRIEND/GIRLFRIEND**

The impact of the child's emotional or behavioral problems on the parent's relationship with his/her steady, but non-residential, boyfriend/girlfriend.

*Have your child's problems had an impact on your relationship with your "current boyfriend/girlfriend"?*

Has having to deal with these problems strengthened that relationship at all?

**IF THERE ARE NO OTHER CHILDREN IN THE HOUSEHOLD, SKIP TO "IMPACT ON RELATIONSHIPS WITH OTHER FAMILY MEMBERS", (PAGE 9).**

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**Coding rules**

**POSITIVE IMPACT ON CURRENT RELATIONSHIP**

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<th>Code</th>
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<tr>
<td>0</td>
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<tr>
<td>2</td>
<td>Relationship has been strengthened.</td>
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**Codes**

<table>
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<th>Intensity</th>
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</table>
Definitions and questions

**IMPACT ON PARENT’S RELATIONSHIP WITH OTHER CHILD(REN) IN THE HOUSE**

The impact of the child's emotional or behavioral problems on the parent's relationship with other child(ren).

*Have your child’s problems had any impact on your relationships with your other child(ren)?*

In what way?
*Have they taken time away from your contact with them? Have the problems made it more difficult for you to deal with the other child(ren)?*

**IMPACT ON RELATIONSHIPS BETWEEN OTHER CHILD(REN) IN THE HOUSEHOLD**

The impact of child’s emotional or behavioral problems on the relationships between children. Also the impact of problems on the other children's behavior.

Include both relationships with the index child and between other children.

*You've told me some about X’s relationship with "other children in the home". Have X's problems affected the other children?*

In what way?
*Have they led to conflicts between the children?*

**IMPACT ON BEHAVIOR OF OTHER CHILD(REN) IN THE HOUSEHOLD**

The impact of child’s emotional or behavioral problems on the relationships between children. Also the impact of problems on the other children's behavior.

Include both relationships with the index child and between other children.

*Have the other children gotten into more trouble, following the example set by X?*

Tell me about the last time.

Coding rules

**IMPACT ON PARENT’S RELATIONSHIP WITH OTHER CHILD(REN)**

PTA4I01

Intensity

0 = Neutral or positive effect.

2 = Subject child's problems leave parent less time for other child(ren), but not otherwise affected.

3 = Subject child's problems have led to a worsening of the relationship between parent and other child(ren).

**IMPACT ON RELATIONSHIPS BETWEEN OTHER CHILDREN**

PTA5I01

Intensity

0 = Neutral or positive effect on relationship.

2 = Subject child's problems have led to some conflicts between children.

3 = Subject child's problems have led to major disruption of previous relationship.

**IMPACT ON OTHER CHILDREN’S BEHAVIOR**

PTA5I02

Intensity

0 = Neutral or positive effect on other children's behavior.

2 = Subject child's problems have led other children to have some behavior problems and to get into trouble at home.

3 = Subject child's problems have led other children to have some behavior problems and to get into trouble at school or elsewhere.
Definitions and questions

**IMPACT ON OTHER RELATIONSHIPS**

**IMPACT ON RELATIONSHIPS WITH OTHER FAMILY MEMBERS**
Impact on the child’s emotional or behavioral problems on the parent's relationships with other family members.

_Have your child’s problems had any impact on your relationship with other members of your family?_

_Has having to deal with these problems strained your relationship with your parents?_
_Your siblings?_  
_Other close relatives?_

**IMPACT ON RELATIONSHIPS WITH FRIENDS**
The impact of the child's emotional or behavioral problems on the parent's relationships with friends.

_Have your child’s problems had any impact on relationships with your friends?_

_Has having to deal with these problems put a strain on your friendships?_

Coding rules

**RELATIONSHIPS WITH OTHER FAMILY MEMBERS**

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<tr>
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<th>DESCRIPTION</th>
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<td>0</td>
<td>Positive or neutral effect.</td>
</tr>
<tr>
<td>1</td>
<td>Some negative effects, but relationships essentially unchanged.</td>
</tr>
<tr>
<td>2</td>
<td>Worsening of relationships attributable to the child's problems.</td>
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<td>3</td>
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**RELATIONSHIPS WITH FRIENDS**

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<td>3</td>
<td>Child's problems have resulted in breakdown of relationships.</td>
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</tbody>
</table>
**RESTRICTIONS ON ACTIVITIES**

**RESTRICTIONS ON PARENT'S PERSONAL ACTIVITIES**

Restrictions on parent's personal life and activities that have resulted from the child's problems. Do not include changes in employment coded under "Expenses" and "Loss of Income" or changes in family social structure coded under "Restrictions on Family Social Activities".

*Have your own activities been affected?*

Are there things that you haven't done because of your child's needs?
Like hobbies?
Or other activities?

*Have your child's problems changed your social life?*

In what way?

**RESTRICTIONS ON FAMILY'S SOCIAL ACTIVITIES**

Restrictions on family's social life that result from the child's problems.

*Have these problems kept you from doing things socially with your child?*

Are you embarrassed to do things because of his/her problems?
Are there places that are harder to go because of these problems?
Or places that you can't go?
Do you ever not go out because you are concerned about what others will think?

**STIGMA**

Child's problems have resulted in parent's feeling that others disapprove or blame him/herself and/or his/her partner.

*Are you embarrassed about your child's problems?*

*Have you felt that others disapprove of you or the way you handle things?*

*Or blame you for what has happened?*

*Or avoid you because of you child's problems?*
Definitions and questions

RESPONSIBILITY FOR PROBLEMS

ATTRIBUTION OF CAUSE OF PROBLEMS

Parent's view of what has caused the child's problems, including attribution to various causes or individuals. Include self-blame by parent who feels responsible for having caused the child's problems, or for the child's lack of progress in dealing with the problems.

Do you think there have been causes for your child's problems?

What things do you think have been causes of your child's problems?

How so?

Do you think that your child was born with these problems?

Is a physical injury or disability to blame?

Or does s/he have problems because something really bad happened to him/her?

Do you think your child is responsible for what has happened?

Coding rules

RESPONSIBILITY FOR PROBLEMS

0 = Absent
2 = Present

GENETICS

0 = Absent
1 = Vague or indefinite attribution.
2 = Partially responsible for child's problems.
3 = Completely or almost completely responsible for child's problems.

PHYSICAL INJURY/DISABILITY

0 = Absent
1 = Vague or indefinite attribution.
2 = Partially responsible for child's problems.
3 = Completely or almost completely responsible for child's problems.

PREVIOUS TRAUMATIC EXPERIENCE

0 = Absent
1 = Vague or indefinite attribution.
2 = Partially responsible for child's problems.
3 = Completely or almost completely responsible for child's problems.

CHILD

0 = Absent
1 = Vague or indefinite attribution.
2 = Partially responsible for child's problems.
3 = Completely or almost completely responsible for child's problems.
<table>
<thead>
<tr>
<th>Questions</th>
<th>Definitions</th>
<th>Coding rules</th>
<th>Codes</th>
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<tbody>
<tr>
<td>Do you blame yourself for any of what has happened?</td>
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<td>SELF</td>
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<td>Do you feel responsible for the problems that your child has?</td>
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<td></td>
<td>1 = Vague or indefinite attribution.</td>
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<td>3 = Completely or almost completely responsible for child's problems.</td>
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<tr>
<td>Do you think that your &quot;current partner&quot; is responsible?</td>
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<td>PARTNER</td>
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<td>Or child's &quot;other parent&quot;?</td>
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<td>CHILD'S OTHER PARENT</td>
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<tr>
<td>Or other members of your family?</td>
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<td>OTHER FAMILY MEMBER</td>
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<tr>
<td>Or you child's friends and/or peers?</td>
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<td>CHILD'S FRIENDS/PEERS</td>
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<tr>
<td>Or the school?</td>
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<td>SCHOOL</td>
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</table>
### Definitions and questions

#### Or neighborhood and community?

**Do you think these problems are the result of bad luck?**

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<td>PTB1I14</td>
<td>SATAN</td>
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<tr>
<td>0</td>
<td>Absent</td>
</tr>
<tr>
<td>1</td>
<td>Vague or indefinite attribution.</td>
</tr>
<tr>
<td>2</td>
<td>Partially responsible for child's problems.</td>
</tr>
<tr>
<td>3</td>
<td>Completely or almost completely responsible for child's problems.</td>
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<tbody>
<tr>
<td>PTB1I15</td>
<td>OTHER</td>
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**Specify**
Definitions and questions

**IMPACT OF FEELINGS OF PERSONAL WELL-BEING**

**PSYCHOLOGICAL ADJUSTMENT**

Parent’s psychological adjustment to child’s problems.

Have your child’s problems affected how you have been feeling?

Have you been depressed because of his/her problems?

Have you felt discouraged about his/her situation?

Have you been worried about what was happening with your child?

Have you been feeling tired?

Have your child’s problems made you irritable or quick to get angry about things?

Have your child’s problems affected your health at all?

In terms of mental or emotional health?

In what way?

**Coding rules**

**PARENT'S PSYCHOLOGICAL ADJUSTMENT**

PTB3I90

Intensity

0 = Absent

2 = Present

**DEPRESSION**

PTB3I01

0 = No increase in depressive feelings attributed to child’s problems.

2 = Yes, some depression related to child’s condition.

3 = Depression related to child’s condition affecting ability to function normally.

**WORRIES**

PTB3I02

0 = No increase in worries attributed to child’s problems.

2 = Yes, some worries related to child’s condition.

3 = Worries affecting ability to function normally.

**TIREDNESS OR ANERGIA**

PTB3I03

0 = No tiredness attributed to child’s problems.

2 = Yes, some tiredness related to child’s condition.

3 = Tiredness affecting ability to function normally.

**IRRITABILITY**

PTB3I05

0 = No irritability attributed to child’s problems.

2 = Yes, some irritability related to child’s condition.

3 = Irritability affecting ability to function normally.

**OTHER MENTAL HEALTH PROBLEMS**

PTB3I06

0 = No other mental health problems attributed to child’s problems.

2 = Yes, other mental health problems related to child’s condition.

3 = Other mental health problems affecting ability to function normally.

Specify
### Definitions and questions

**What about in terms of physical health?**

**How?**

- **OTHER PHYSICAL HEALTH PROBLEMS**
  - 0 = No other physical health problems attributed to child's problems.
  - 2 = Yes, some other physical health problems related to child's condition.
  - 3 = Other physical health problems affecting ability to function normally.

Specify

- **ASSISTANCE WITH PROBLEMS:**
  - **MEDICATION**
    - 0 = No medication for parent's problems related to child's condition.
    - 2 = Medication being taken.

- **ASSISTANCE WITH PROBLEMS:**
  - **SUBSTANCE USE**
    - 0 = No increase or change in pattern of usage because of child's problems.
    - 2 = Child's problems have led to increase in usage of alcohol and/or drugs.

- **ASSISTANCE WITH PROBLEMS:**
  - **SUPPORT NETWORK**
    - 0 = Family and/or friends have been of assistance to parent in dealing with the stress of the problems.
    - 2 = Limited assistance.
    - 3 = No assistance.
    - 4 = Parent has not sought help.

- **ASSISTANCE WITH PROBLEMS:**
  - **PROFESSIONAL HELP**
    - 0 = No help sought.
    - 2 = Parent has sought help from a professional for own problems related to child's condition.

- **FEELINGS OF COMPETENCE**
  - 0 = Absent
  - 2 = Feels some doubts about own ability to handle all or most child's problems adequately.
  - 3 = Feels incompetent to deal with all or most of child's problems.

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**Have you taken any medication to make yourself feel better?**

- **PTB3I07**

**Have your child’s problems led you to use alcohol or drugs more than before?**

- **PTB4I01**

**Have you gotten any help from others to assist you in dealing with the strain?**

- **PTB4I02**

- **PTB4I03**

**Have you gotten any professional help to assist you in dealing with the strain?**

- **PTB4I04**

**Do you feel you have the energy to handle your child’s problems?**

- **PTB4I05**

**Do you feel you know what to do about them?**
Definitions and questions

INTERVIEWER'S SUBJECTIVE RATING OF SEVERITY

INTERVIEWER'S SUBJECTIVE RATING OF THE SEVERITY OF THE PROBLEMS:

Coding rules

INTERVIEWER'S SUBJECTIVE RATING OF SEVERITY

1 = Mild
2 = Moderate
3 = Severe

Codes

PTD0X02
Intensity